

VIVID VISION 2028: BUILDING A BRIGHTER FUTURE WITH FASCIAL COUNTERTRAIN

WWW.BRIDGEBACK.ORG



The **Bridge**
Back Project

Restore life. Renew hope. Return to freedom.



WHAT WE'VE ACCOMPLISHED

In 2028, as we reflect on our journey, we see a tapestry of success interwoven with moments of resilience, innovation, and transformation. Our vision is not just about reaching milestones but about the profound impact we've made on individuals, communities, and the world at large.



TRANSFORMING LIVES:

Over 400 clients have walked through our doors, seeking solace and solutions. What sets us apart is not just our treatment but the culture of care we've cultivated—one of belonging, resilience, and unwavering support. Together, we've sparked marriages saved, hope rekindled, and futures reimaged.

PIONEERING RESEARCH:

Our commitment to advancing the field is evident in the publication of two groundbreaking research papers, garnering acclaim from peers and practitioners worldwide. With each study, we're unlocking new insights and pushing the boundaries of what's possible in healthcare.

EMPOWERING PROVIDERS:

We've invested in the training of 20 passionate FCS providers, fostering a network of expertise and empathy. Through immersive training experiences and ongoing support, we've nurtured a community that thrives on collaboration and continuous learning.

NATIONAL RECOGNITION:

A decade-long journey has culminated in being featured on esteemed platforms like the Today Show, amplifying our message and mission to millions. Our story has also found its way into numerous publications, spreading the ripple effect of Fascial Counterstrain's healing touch.



OUR IMPACT

In our organization, impact isn't just a metric; it's the heartbeat of our culture. We are...



COLLABORATIVE AND CELEBRATORY:

Every voice is valued, and triumphs big and small are freely celebrated. Together, we challenge norms, embrace the unknown, and pioneer new paths forward. Our culture is one of resiliency, where obstacles are seen as opportunities for growth, and innovation knows no bounds.



COMMUNITY-ORIENTED:

We foster a sense of belonging and dignity, where each individual's strengths are recognized and celebrated. Through “yes, and” thinking, we co-create solutions and uplift one another, creating a ripple effect of positivity and possibility.



HIGH-INTEGRITY AND INCLUSIVE:

Our commitment to equity and inclusion is unwavering. From our diverse leadership to our provider network, we embrace voices from all backgrounds and communities. Together, we lean into discomfort, championing healthy relationships and experiences for all.

OUR TEAM

Our success is fueled by a dedicated team united by passion and purpose. From our Board of Directors to our frontline staff, each member plays a vital role in our journey:

EMPOWERED LEADERSHIP:

Our intimate Board of Directors embodies our values, championing diversity and inclusion at every turn. Their guidance and advocacy have been instrumental in propelling us forward, igniting belief and mobilizing resources for our cause.

PASSIONATE STAFF:

Our internal team is a powerhouse of talent and dedication. With roles ranging from research coordination to fundraising, they bring expertise and enthusiasm to every endeavor, ensuring our mission resonates far and wide.



THRIVING PROVIDER NETWORK:

Our provider network has quadrupled in recent years, fueled by a culture of support and camaraderie. Through immersive training and idea-sharing, we empower practitioners to deliver the highest standard of care, touching lives and sparking transformations.



OUR CLIENTS

At the heart of everything we do is our commitment to client care. We are:



ATTENTIVE ADVOCATES:

From the moment clients walk through our doors, they are met with warmth and empathy. Our trauma-informed approach guides us to interact with compassion and understanding, fostering a sense of safety and trust.



HOLISTIC SUPPORT:

We don't just solve problems, we help people find new hope. Through active listening and personalized attention, we empower clients to reclaim their health and rediscover hope, one session at a time.



COMMUNITY IMPACT:

Our impact extends beyond individual clients to their families and communities. By expanding our reach and empowering practitioners, we're catalyzing a movement of healing and transformation that knows no bounds.

OUR OFFERINGS

Our suite of programs and services reflects our commitment to accessibility, education, and innovation:

EMPOWERING EDUCATION:

Through our education programs, we're equipping the next generation of FCS practitioners with the skills and knowledge they need to make a difference. Our collaborative approach fosters mentorship and growth, ensuring our impact endures for generations to come.

INCLUSIVE OUTREACH:

From virtual events to collaborative partnerships, our outreach efforts are breaking down barriers and reaching new audiences. By amplifying diverse voices and experiences, we're creating a more inclusive and equitable future for all.

GROUNDBREAKING RESEARCH:

Our research initiatives are pushing the boundaries of what's possible in healthcare. With each study, we're not just expanding our understanding of FCS; we're paving the way for new treatments and breakthroughs that have the power to change lives.





OUR FINANCIAL HEALTH

Our financial stability and growth are a testament to the generosity and belief of our supporters:

STRATEGIC PARTNERSHIPS:

Our partnerships with athletes, fitness organizations, and community leaders have been instrumental in expanding our reach and impact. Together, we're harnessing the power of collective action to drive meaningful change.

SUSTAINABLE ENDOWMENT:

With a \$4 million endowment and growing, we're securing our future and ensuring our impact endures for generations to come. By doubling down on our commitment to sustainability and longevity, we're building a foundation for lasting change.

DIVERSIFIED FUNDRAISING:

Through innovative campaigns and inspired relationships, we've surpassed our fundraising expectations year after year. Our fundraising team's passion and creativity have been the driving force behind our success, inspiring others to join us on our journey.

UNPRECEDENTED GALA SUCCESS:

Our annual gala has become a hallmark event, radiating with joy, unity, and purpose. This year, it shattered records, not just in fundraising but in forging deeper connections among our staff, clients, and supporters.



OUR CONNECTION TO THE WORLD

Our organization represents a beacon of hope and healing:



TRUSTED AUTHORITY:

Through strategic partnerships and thought leadership, we've earned the trust and respect of communities and institutions around the world. Our brand is synonymous with integrity, compassion, and transformative care.



RELATIONAL APPROACH:

From podcasts to publications, we're meeting our audience where they are, fostering connections and sparking conversations that matter. Through storytelling and education, we're breaking down barriers and inviting others to join us on our journey.



GLOBAL IMPACT:

Our reach extends far beyond our local community, thanks to strategic partnerships and media features. By leveraging our platform for good, we're amplifying diverse voices and shining a spotlight on the power of healing and resilience.



OUR OPERATIONS AND LEADERSHIP

Behind the scenes, our commitment to excellence drives every decision and action:

DATA-DRIVEN EXCELLENCE:

From feedback loops to performance metrics, we're constantly striving for improvement and innovation. By leveraging data and insights, we're optimizing our operations and maximizing our impact.

TRANSPARENT ACCOUNTABILITY:

Our culture of transparency and accountability ensures every team member feels empowered to speak up and contribute. By fostering a culture of trust and collaboration, we're creating a workplace where everyone can thrive and grow.



VALUES-DRIVEN LEADERSHIP:

At the helm of our organization is a leadership team guided by integrity, empathy, and vision. Their unwavering commitment to our mission inspires us to reach new heights and make a difference in the lives of others.



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GET IN TOUCH



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